

# POLICY 2022 - 06

## TOWN OF CROSSFIELD FCSS SUBSIDIZED COUNSELLING SERVICES

### Purpose

The purpose of this policy is to guide the Town of Crossfield's Family and Community Support Services (FCSS) implementation of Subsidized Counselling Services to Crossfield and District Residents.


This policy will:

- Provide guidance to Family and Community Support Services Staff on the guidelines for approving Subsidized Counselling Services through the Town of Crossfield FCSS program.
- Outline the maximum budget per year that can be put toward Subsidized Counselling Services.

### Policy

As attached and titled Policy 2022-06 FCSS Subsidized Counselling Services

Adopted this 4 day of October, 2022

  
Mayor Kim Harris

  
Chief Administrative Officer Sue Keenan

## 1.0 Definitions

- a. **FCSS** means Family and Community Support Services, is a partnership between the province, municipalities and Metis Settlements, and is an 80/20 funding split between the province and participating municipalities and Metis Settlements.
- b. **FCSS Handbook** refers to the Family and Community Support Services (FCSS) Program Handbook from the Government of Alberta.
- c. **Counselling Service** refers to traditional counselling methods and equine facilitated wellness sessions for individuals (of all ages), families, and group counselling, bereavement counselling, and support groups.
- d. **Short-term Counselling** refers to a maximum of eight (8) sessions per person per incident.
- e. **Approved Vendors** refers to the counsellors/facilitators that the Town of Crossfield FCSS has established an agreement with to work together to provide counselling services to Crossfield and District Residents.

## 2.0 Policy Statement

- 2.1 The FCSS Handbook provides the following guidelines on the allocation of FCSS funds to Counselling:  
*"Purpose/intent determines eligibility:*
  - *short-term counselling and referral services (e.g., individual, family and group counselling, bereavement counselling, support groups and referral services) are eligible.*
  - *crisis, treatment or long-term counselling is not eligible."*
- 2.2 The Town of Crossfield FCSS, working with approved vendors, will examine each case to determine eligibility of Subsidized Counselling Services.
- 2.3 An individual, family or group must not have already accessed this form of counselling service for this incident.
- 2.4 The individual, family or group must not have coverage for this form of counselling service under an existing benefits plan.

- 2.5 The initial approval for Subsidized Counselling Services is for a maximum of six (6) sessions.
- 2.6 The counsellor/facilitator may request from the Town of Crossfield FCSS up to an additional two (2) sessions if they believe their client would benefit or needs the additional sessions.
- 2.7 The Town of Crossfield FCSS can approve up to a maximum of \$70 per session for the initial six (6) sessions = \$420 per person (before GST).
- 2.8 The Town of Crossfield FCSS can approve up to a maximum of \$50 per session for the additional two (2) sessions = \$100 per person (before GST).
- 2.9 The maximum amount of FCSS funds that can be allocated per person for Subsidized Counselling Services is \$520 (before GST). \$420 for the initial 6 sessions + \$100 for the additional 2 sessions = \$520
- 2.10 The maximum number of individuals the Town of Crossfield FCSS can approve for Subsidized Counselling Services in a calendar year is four (4) people.
- 2.11 The deadline for Subsidized Counselling Services approval for the calendar year is September 30<sup>th</sup> of each year.